



THE 4TH ANNUAL
Fall Conference

LIVING BETTER, DYING WELL

November 1-3, 2023

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Welcome

Welcome to Fall Conference participants from around the globe!

If this is your fourth conference with us, or your first, we are delighted you are joining us.

The word “conference” originates from the Latin “conferens” which means “to bring together, talk over, and deliberate.” Over three days and nine sessions, we invite you to “conferens” as we gather alongside a New York Times bestselling author, a Mexican Death Doula, a Pulitzer Prize winner; a Vermont doctor expert in Medical Aid in Dying, a Bay Area award-winning filmmaker and palliative care doctor, and an English author and undertaker. Each session is free, hosted online via Cisco Webex, and moderated by a Completed Life Initiative (CLI) staff member.

Our conference theme is “Living Better, Dying Well.” On Day One, watch for a special announcement as we present the Completed Life Initiative Courage Award winner to one of our speakers. At the end of each day, we invite you to “conferens” by joining us for special “Conference Cafes” from 8-9pm EDT with CLI staff and fellow participants as we reflect on the ideas and questions raised in each session. You are welcome to listen to or join the conversation.

Faith Sommerfield, our founder, believed it was possible to change the world by launching a national conversation on what it means to live a completed life and to advocate for a patient’s right to direct their end of life care. We invite you to browse this program guide to discover topics and speakers that begin or continue a conversation.

As we all seek to live better and die well, our hope during our 4th Annual Fall Conference is that you might discover new ideas and approaches to help realize these goals.

With appreciation,



**MARK BARGER
ELLIOTT**

EXECUTIVE DIRECTOR



**SARAH KISKADDEN-
BECHTEL**

DIRECTOR OF PUBLIC
POLICY & PROGRAMMING



**LYNN BARGER
ELLIOTT**

DIRECTOR OF
OUTREACH

Conference Schedule

DAY ONE

WEDNESDAY, NOVEMBER 1ST, 2023

REGISTER
Now

12:00 PM - 1:00 PM ET

Session One

“Reimagining the End: Glimmers within Life Care”

Featuring Jessica Zitter, MD

5:00 PM - 6:00 PM ET

Session Two

“In the Room: Challenges of an Accompanied Ending”

Featuring Thalia DeWolf, RN, BSN, CHPN, PHN

Jean Abbott, MD, MH, HEC-C

Jeanne Kerwin, D.MH, HEC-C

7:00 PM - 8:00 PM ET

Session Three: KEYNOTE

“Opening the Window”

A Keynote with Amy Bloom

Conference Schedule

DAY TWO

THURSDAY, NOVEMBER 2ND, 2023

REGISTER
Now

12:00 PM - 1:00 PM ET

Session One

“Opened Doors: International Perspectives on
Dying Well”

Featuring **Asunción Álvarez, MA, PhD**

5:00 PM - 6:00 PM ET

Session Two

“Lives in a Crossroad: Is a Person Free to Seek
Medical Treatment that is Morally Contested in their
Home State?”

Featuring **Diana Barnard, MD &
Thaddeus Mason Pope, JD, PhD, HEC-C**

7:00 PM - 8:00 PM ET

Session Three

“On Meaningful Farewells: Reframing Rituals that
Frame Life and Death”

Featuring **Rupert Callender**

Conference Schedule

DAY THREE

FRIDAY, NOVEMBER 3RD, 2023

REGISTER
Now

12:00 PM - 1:00 PM ET

Session One

“The Path of Most Resistance: An Introduction to
Medical Aid-in-Dying”
Featuring **Anita Hannig**

5:00 PM - 6:00 PM ET

Session Two

“An End of Life Revolution: A Guide by a Death Doula”
Featuring **Wilka Roig**

7:00 PM - 8:00 PM ET

Session Three

“Love Lives On: Reflections on Grief”
Featuring **Jennifer Senior**

Conference Virtual Platform

VIA CISCO WEBEX

REGISTER NOW:

CLICK HERE TO REGISTER

All our virtual events are held on Cisco Webex. To download the application, please [click here](#).

You can create an account or join the conference webinars as a guest.

Follow the below instructions to join the conference sessions:

1. Open your email invite, and click the day session link to join the meeting. If you don't have the links to join the conference, please contact us at info@completedlife.org or by telephone at **929-456-8008**. Our team will be happy to assist you.
2. Click **Open Webex** if you're prompted to do so, otherwise click **Launch Webinar**.
3. If prompted, enter your name as you want it to appear in the meeting, check **Remember Me**, and then click **Sign In** so you can access the full list of meeting features.

Or if you just want to join the meeting quickly and don't need access to all the meetings features, click **Join as a Guest**.

4. You will see a tab at the bottom center of your screen. Click that tab to connect your video and audio and then click **Join Webinar**.

For further instructions, please [click here](#) to learn more.

Introduction

TO OUR SESSION MODERATORS



Mark Barger Elliott, D. Min, M.Div

Mark Barger Elliott assumed the role of CLI's Executive Director in September 2023. He comes with over 20 years of experience leading non-profit organizations. He is a graduate of Cornell University (B.A.), Princeton Theological Seminary (M.Div.), and San Francisco Theological Seminary (D.Min.).

Mark is an accomplished filmmaker, having produced and directed two documentaries, *Lost Boy Home* and *Last Songwriter*. Along with his wife Lynn, he is ordained in the Presbyterian Church (USA). He was honored to speak at Ted Global at Oxford on "Blue Lobsters," has run seven marathons in cities such as Rome and Montreal, and is writing a book with his wife titled, *Calling Calder: Rediscovering the Art of Living by Living Like an Artist*. He was honored to co-officiate at Faith Sommerfield's service, Founder of the Completed Life Initiative.



Lynn Barger Elliott, M.Div

Lynn joined the staff of the Completed Life Initiative as the Director of Outreach in July 2023. She comes with over 20 years of experience as a pastor in local churches, professor in undergraduate and graduate programs, and educator and chaplain in maximum security prisons. Lynn has B.A. in Philosophy from Wheaton College (IL) and earned a Master of Divinity from Princeton Theological Seminary.

Along with her husband Mark, Lynn is ordained in the Presbyterian Church (USA). As a pastor of 30 years, Lynn has journeyed with individuals and families as they have discerned how to live abundantly and die meaningfully. She has recently completed coursework at the University of Vermont for an End-of-Life Doula Professional Certificate. Lynn was honored to work with Faith Sommerfield and others to plan and officiate at her memorial service.



Sarah Kiskadden-Bechtel, MBe

Sarah is Director of Public Policy and Programming at the Completed Life Initiative. As the founding staff member, she was instrumental in launching the Inaugural 2020 Fall Conference, which attracted over 800 virtual participants worldwide. She earned a Master of Science in Bioethics from Columbia University and is a graduate of Bard College with a Bachelor of Arts in Classical Studies.

In addition to her work with the Completed Life Initiative, Ms. Kiskadden-Bechtel teaches as an Associate in the Masters of Bioethics program at Columbia University, specifically "Law and Bioethics" and "Organizational Ethics." She serves as a member of the Carson Tahoe Health Institutional Review Board; Carthage Area Hospital Institutional Review Board; and is Editor-in-Chief Emeritus of *Voices in Bioethics: An Online Journal*. In addition, she is a member of the Empire State Bioethics Consortium.

REIMAGINING THE END: GLIMMERS WITHIN LIFE CARE

A CONVERSATION WITH:

Jessica Zitter, MD

MODERATED BY SARAH KISKADDEN-BECHTEL

How we die is just as important as how we live—it is still part of a lived experience. What do we need to consider when contemplating our own death and the death of loved ones? This session examines potential pathways for reimagining a healthcare system that embraces mortality with empathy, grace, and a willingness to step away from a paradigm of extreme measures. How might we naturalize dying as a normal part of a patient's life in a healthcare context? Within this reimagining, what might arise in terms of improved, perhaps more meaningful, patient, family, and provider experiences?



DR. JESSICA ZITTER, MD, MPH practices the unusual combination of Critical and Palliative Care medicine at Highland Hospital, the public hospital in Oakland, California. She uses storytelling to examine the overmedicalization of death in America. Her essays appear in her book, *Extreme Measures: Finding a Better Path to the End of Life*, as well as The New York Times and other publications. Over the past 5 years she has turned to filmmaking to draw audiences into this important conversation. Her films include the Oscar-nominated *Extremis* (Netflix) and *Caregiver: A Love Story*. She is at work on her third film, *The Chaplain of Oakland*, which examines the crisis of racial healthcare inequities at the end of life. In 2021, she founded a nonprofit organization, Reel Medicine Media, to maximize impact with her films through organizational partnerships, curriculum generation, and public speaking.

Dr. Zitter attended Stanford University and Case Western Reserve University Medical School and earned her Masters in Public Health from University of California, Berkeley. Her medical training includes an Internal Medicine residency at the Brigham and Women's Hospital in Boston and a fellowship in Pulmonary/Critical Care at the University of California, San Francisco. She also is co-founder of Vital Decisions, a telephone-based counseling service for patients with life-limiting illness.

IN THE ROOM: CHALLENGES OF AN ACCOMPANIED ENDING

A CONVERSATION WITH:

Thalia DeWolf, RN, BSN, CHPN, PHN

Jean Abbott, MD, MH

Jeanne Kerwin, D.MH, HEC-C

MODERATED BY SARAH KISKADDEN-BECHTEL

The notion of “do no harm” reverberates for healthcare professionals every day. What it means to keep a patient safe, especially when they are dying, has unique ethical, medical, and legal implications. When a patient lives in a jurisdiction where aid-in-dying is legal, hospice facilities face scrutiny from the inside and out: how ought a nurse best support the patient, especially if that patient opts for assisted dying? Can the nurse stay in the room after the patient ingests medication? What is a nurse’s obligation in their caretaking of the patient – ranging from respecting the patient’s wishes, ethical nonabandonment, and confronting a range of stigmas, stereotypes, and conflicting viewpoints. This session seeks to identify and address the institutional and professional ethics that inevitably crossover in these unique and challenging circumstances.

DAY ONE SESSIONS: SESSION 2
Wednesday, November 1st, 2023
5-6 pm ET | 2-3 am PT | 11 pm-12 am UTC

**REGISTER
Now**



THALIA DEWOLF, RN, BSN, CHPN, PHN, is a hospice and palliative care nurse in Northern California, devoted to providing attentive care to terminally ill patients until their last breath, no matter how they die. She has supported many patients as they considered medical aid in dying, and been at the bedside of many who ultimately self-ingested the aid in dying medications and died. This professional commitment once resulted in her termination, as she refused to abandon a choking patient during the administration of medication during an aid in dying procedure. She continues to call upon hospice providers to fully support those who chose Medical Aid in Dying, by allowing the presence of all staff members to be in the room if that is the request of the patient and family. In addition to her fieldwork, she is the Director of Nursing Education at the American Clinicians Academy on Medical Aid in Dying.



DR. JEANNE KERWIN, D.MH, HEC-C is a leader and speaker for clinical ethics and medical humanities throughout New Jersey and nationally. She worked in acute care hospitals doing ethics consultations for over 30 years, and has served on multiple State and national committees addressing end-of-life care. She is a national consultant/educator on health care ethics and the development of institutional ethics committees. She is currently Co-Chair for the Ethics Consultation Service for the American Clinicians Academy on Medical Aid in Dying, working with ethics consultants across the US. Dr. Kerwin holds Masters and Doctorate degrees in Medical Humanities from Drew University, a Certificate in Bioethics from Columbia University and is a Scholar in the Palliative Care Education and Practice program from Harvard Medical School.



JEAN ABBOTT, MD, MH Jean Abbott is a board-certified Emergency Medicine physician who has been a faculty member at the University of Colorado since the inception of Emergency Medicine at CU in 1985. She is currently retired from EM practice but remains a member of the University of Colorado Hospital Ethics Committee. For 20 years she was a lead ethics consultant at UCH. She has lectured regionally and nationally about ethics and professionalism issues in emergency medicine and other clinical practice settings through the Center for Bioethics and Humanities. For 6 years she wrote and led the ethics content for the CU Palliative Care Certificate and Master's Program. She still teaches and facilitates Advance Care Planning conversations through community presentations.

CLICK ON IMAGE FOR ADDITIONAL READING ON THE TOPIC OF THIS SESSION

ETHICAL ISSUES

By Jean Abbott, MD, MH, Jeanne Kerwin, D.MH, HEC-C, Constance Holden, MSN, RN, Margaret Pabst Battin, PhD, MFA, Charles Miller, MD, and Thaddeus Mason Pope, JD, PhD, HEC-C

Hospice Nurse Ethics and Institutional Policies Toward Medical Aid in Dying

How can nurses fulfill their duty to patient and family?

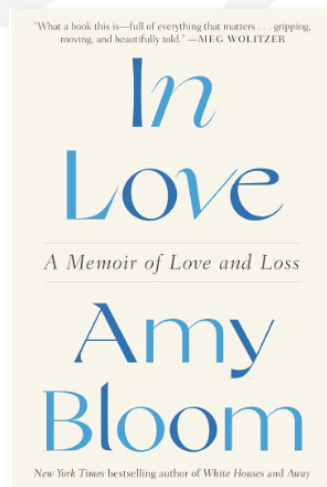
OPENING THE WINDOW

A KEYNOTE WITH:

Amy Bloom

MODERATED BY SARAH KISKADDEN-BECHTEL

Welcome to an evening of reflection and contemplation as we delve into the remarkable narrative illustrated by our keynote speaker Amy Bloom in her memoir, *"In Love."* In this conversation, we will journey through her experience of love, life, grief and endings. The session offers a unique opportunity to explore the complexities of confronting life's inevitable conclusion with grace, love and compassion, highlighting one's agency over their own end of life decisions.



AMY BLOOM is the author of *In Love: A Memoir of Love and Loss*, a heartbreaking and surprising memoir which renders an unforgettable portrait of a beautiful marriage and the unimaginably difficult and painful decision Ms. Bloom's husband made to end his life with dignity and peace.

The book was named *Time Magazine's* #1 Best Nonfiction Book of 2022, a New York Times 100 Notable Books, and one of the ten best books of the year by Publishers Weekly. Ms. Bloom is a National Book award finalist and her work has appeared in *The New Yorker*, *The New York Times Magazine*, and *The Atlantic Monthly*.

OPENED DOORS: INTERNATIONAL PERSPECTIVES ON DYING WELL

A CONVERSATION WITH:

Asunción Álvarez, MA, PhD

MODERATED BY MARK BARGER ELLIOTT

What is the significance of Dia de Los Muertos? How do countries such as Mexico and Colombia approach end of life options like Medical Aid in Dying? What trends are emerging around the world in regards to end of life care? How can we best live a completed life?



ASUNCIÓN ÁLVAREZ, MA, PHD is a Professor of Bioethics in the Master and Doctoral programs in the Faculty of Medicine, the Faculty of Philosophy, and the Faculty of Psychology at the Universidad Nacional Autonoma de Mexico (UNAM). She has a Master in Clinical Psychology and PhD in Bioethics. Her research is in the area of Death in Medical Practice and End-of-life decisions. She is the author of *Euthanasia: Practice and Ethics* (2005); co-author of *A Good-bye in Harmony* (2015); and co-author of *End-of Life Medical Decisions in Patients with Alzheimer Disease* (2017) [currently available only in Spanish]. She is president of the Colegio de Bioética, (Academy of Bioethics), A.C. and president of the [World Federation of Right to Die Societies](#).

LIVES IN A CROSSROAD: IS A PERSON FREE TO SEEK MEDICAL TREATMENT THAT IS NOT YET LEGAL IN THEIR HOME STATE?

A CONVERSATION WITH:

Diana Barnard, MD

Thaddeus Mason Pope, JD, PhD, HEC-C

MODERATED BY SARAH KISKADDEN-BECHTEL

The recent elimination of residency requirements in Vermont and Oregon underscores an evolving legal landscape for Medical Aid in Dying in the United States. What are the practical implications of the elimination of a state's residency requirement? What does this important development mean for other jurisdictions where MAiD is legal? What are the potential repercussions faced by the families of patients who travel from other jurisdictions? This evolving legal landscape in the United States comes with challenges that could put current laws protecting people at the end of life at risk, with the most recent legal challenge posed by certain disability rights groups in their lawsuit against the State of California's End of Life Options Act, alleging harm to people with disabilities. This session will also explore the implications of attempts on reforming and expanding MAiD laws in the jurisdictions where MAiD is legal, as well as the impact of such lawsuits on jurisdictions where it is currently proposed.



DIANA BARNARD, M.D. is Assistant Professor of Medicine at UVM Larner College of Medicine and Lead Physician in the Division of Palliative Medicine at the University of Vermont Health Network - Porter Medical Center, Middlebury, VT. Dr. Barnard has played a vital role in improving end-of-life care in Vermont, propelling the state to the forefront of palliative care. For over a decade, she led the grassroots effort to pass Vermont's Medical Aid in Dying law, which was passed in 2013. Since then, Dr. Barnard has consulted with hospitals, skilled nursing facilities, and physicians on education, access, and implementation of that bill. In 2019, her work on the Medical Aid in Dying law led to her service as Expert Witness in legislative efforts to develop similar laws in Hawaii and New York. Her ongoing advocacy for patient-centered palliative care continues to inspire and teach physicians and medical students alike. In 2021, The Vermont Academy of Family Physicians named her the Family Medicine Physician of the year.



THADDEUS MASON POPE, JD, PHD, HEC-C is considered a foremost expert on medical law and clinical ethics. He focuses on patient rights and healthcare decision making, especially at the end of life. A fellow of the Hastings Center and previously both a Fulbright Canada Research Chair in Health Law, Policy, and Ethics at the University of Ottawa, and a visiting scholar at the Brocher Foundation in Switzerland. Pope is now a Professor at Mitchell Hamline School of Law in Saint Paul, Minnesota. While Professor Pope serves in a range of consulting capacities, he has been particularly influential through extensive high-impact scholarship. Ranked among the Top 20 most cited health law scholars in the United States and the Top 50 in the world, Pope has over 250 law, medicine, and bioethics publications. Prior to joining academia, Professor Pope practiced at Arnold & Porter and clerked on the U.S. Court of Appeals for the Seventh Circuit. Pope earned a JD and PhD from Georgetown University.

CLICK FOR ADDITIONAL READING

ON MEANINGFUL FAREWELLS: REFRAMING RITUALS THAT FRAME LIFE AND DEATH

A CONVERSATION WITH:

Rupert Callender

MODERATED BY MARK BARGER ELLIOTT

Thomas Lynch, funeral director and award-winning author, once commented how the word “grave” originates from the same root that provides words like “gravitas” and “gravity.” In this session we explore how those three words are connected and how best to honor those who have died. While the funeral industry offers one set of answers, Rupert Callender, called “the best funeral director of all time, by a country mile,” has another approach, including rituals and markers that point a path forward in and through our grief. These rituals are explored in this session as well as what not to say when someone dies, what it looks like to choose a “green funeral,” why grief is a “boomerang,” and how Callender became the world’s first “punk undertaker.”



RUPERT CALLENDER, AUTHOR OF “WHAT REMAINS? LIFE, DEATH AND THE HUMAN ART OF UNDERTAKING.”

Rupert “Ru” Callender is a renowned undertaker in the U.K. He has carried coffins across windswept beaches, sat in pubs with caskets on beer-stained tables, and helped children fire flaming arrows into their father’s funeral pyre. He is the author of *What Remains?: Life, Death and the Human Art of Undertaking*, of which one reviewer said, “You’ll be changed. It’s an instant classic.” Callender is the co-founder of the Green Funeral Company in Devon, England, which is considered one of the country’s best-known eco-friendly funeral services.

THE PATH OF MOST RESISTANCE: AN INTRODUCTION TO MEDICAL AID IN DYING

A CONVERSATION WITH:

Anita Hannig, PhD

MODERATED BY LYNN BARGER ELLIOTT

Some end-of-life options offer a patient a path of least resistance while others provide the opposite. Why is that? To pursue answers to this question, Anita Hannig, a medical anthropologist and professor, spent hundreds of hours accompanying patients, families, and physicians on their journey through end-of-life options, in particular Medical Aid in Dying. During this session Hannig discusses her award-nominated book *The Day I Die: The Untold Story of Assisted Dying in America*, which renders the stories of individuals and families making the difficult and often heart-breaking choice to work through this “resistance.” Hannig’s insights and discoveries about a “good death” provide guidance for both the curious and those thoughtfully considering this end-of-life option.



ANITA HANNIG, PHD AND AUTHOR OF, “THE DAY I DIE.”

Anita Hannig is a trained anthropologist, death educator, and freelance writer. In recent years, she has emerged as a leading voice on death literacy in America, speaking about her work in hospitals, medical schools, and art museums across the country. Her work, *The Day I Die: The Untold Story of Assisted Dying in America*, is a Diane Rehm-endorsed book and as well as a finalist for the Oregon Book Awards. Hannig is a writer for the new PBS series *Dead and Buried*, and she’s written for *Cognoscenti*, *The Conversation*, *Undark*, and the *Seattle Times*, among other places. In 2024, she is coming out with a new death education tool, *My Death Diary: A Guided Journal for Mortals*.

AN END OF LIFE REVOLUTION: A GUIDE BY A DEATH DOULA

A CONVERSATION WITH:

Wilka Roig, MA, MFA

MODERATED BY MARK BARGER ELLIOTT

How do we live life and approach death with “merciful awareness?” What does it mean to become aware of life and death’s “zero point?” Is there a connection between our dreams and the life we are living? In this session, Wilka Roig, a death doula, therapist, and global educator, reflects on how her own life has informed and shaped answers to these profound questions and how from her vantage point, a revolution is unfolding in how we interpret and understand the end of life.



WILKA ROIG, MA, MFA was born and raised in Puerto Rico and has a BA in psychology and writing, and an MFA in photography from Cornell University, where she later taught as a lecturer. Roig is the founder and president of the Elisabeth Kübler-Ross Foundation branch in Central México, co-founder of Red Latinoamericana de Acompañamiento en la Muerte y el Duelo, International/BIPOC advisor of the International End of Life Doula Association (INELDA), and Impact Producer in Latin America for the documentary *The Last Ecstatic Days*. She is also a dream worker, cellist, silversmith, and believes “the work of life is also the work of end of life.”

LIFE LOVES ON: REFLECTIONS ON GRIEF

A CONVERSATION WITH: **Jennifer Senior**

MODERATED BY MARK BARGER ELLIOTT

“Joy,” wrote author George Vaillant, “is grief inside out.” Does that mean grief is joy turned inside out? How do we define and work through the grief we experience after someone we care about dies? In this final conference session, Jennifer Senior shares how she came to write a Pulitzer Prize winning article about a family who lost a son on 9/11. Her article became the book *On Grief* that received praise from Oprah, Cheryl Strayed and John Green. Guiding us through various approaches to coping with loss, Senior also describes the concept of “Life Loves On” that she encountered in writing her article. Join us for this special session with an extraordinary writer, journalist, and observer of what it means to live our lives after we lose someone we love.



JENNIFER SENIOR, PULITZER AWARD WINNER AND AUTHOR OF, “ON GRIEF: LOVE, LOSS, MEMORY.”

Jennifer Senior is a staff writer at *The Atlantic* and winner of the 2022 Pulitzer Prize for Feature Writing. Prior to joining *The Atlantic*, she spent five years at *The New York Times*. Before that, she spent eighteen years as a staff writer for *New York Magazine*. Her first book, *All Joy and No Fun: The Paradox of Modern Parenthood*, spent eight weeks on *The New York Times* Best Seller list and has been translated into 12 languages. Her book, *On Grief: Love, Loss, Memory*, is the focus of this session. Senior has been a frequent guest on NPR and television programs, including Morning Joe, Anderson Cooper 360, Good Morning America, and Today.

Special Thanks

WE ARE GRATEFUL

Heartfelt thanks to the dedicated staff of the Completed Life Initiative for their commitment to creating our Fall Conference.

Ali Almuradha

Lynn Barger Elliott

Mark Barger Elliott

Yajaira Gonzalez

Sarah Kiskadden-Bechtel

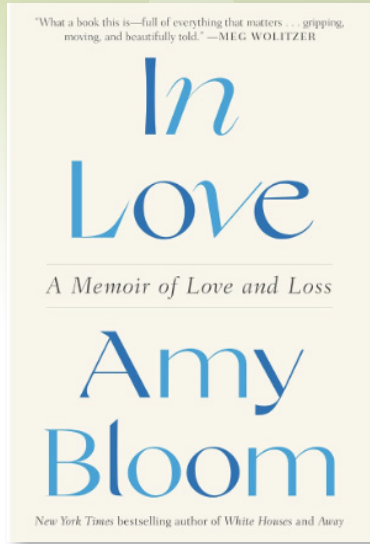
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MAKING A DONATION

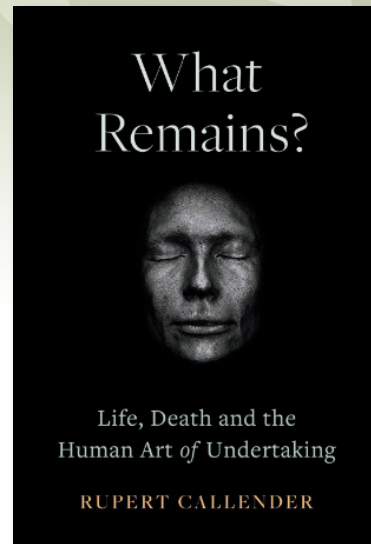
We are immensely grateful for donations we have received to support the mission and work of the Completed Life Initiative. To make a donation and join the friends of CLI, [please click here](#). Please feel to reach out to Mark Barger Elliott, Executive Director, at m.elliott@completedlife.org if you have additional questions.

Recent Publications

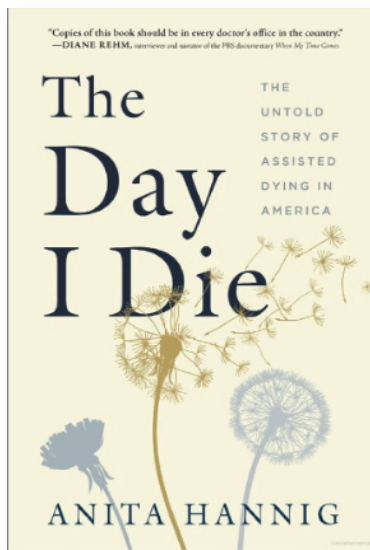
BY OUR SPEAKERS



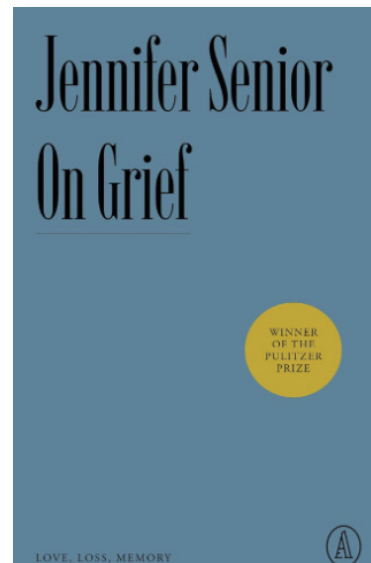
In Love: A Memoir of Love and Loss
by Amy Bloom



What Remains? Life, Death and the Human Art of Undertaking
by Rupert Callender



The Day I Die
by Anita Hannig, PhD



On Grief
by Jennifer Senior

Recently Authored

ADDITIONAL RESOURCES

“Preparations and Instructions for the Aid in Dying Procedure”

by Thalia DeWolf, ACAMAID,
Revised October, 2021

[READ THE ARTICLE](#)

“Medical aid in dying is still called ‘assisted suicide’; an anthropologist explains the problem with that”

The Conversation, July 6, 2022
[retrieved October 18, 2023].

[READ THE ARTICLE](#)

“Hospice Nurse Ethics and Institutional Policies Toward Medical Aid in Dying”

by Abbott J, Kerwin J, Holden C, Battin MP, Miller C, Pope TM, Am J Nurs. 2023 Jun 1;123(6):37-43. doi: 10.1097/01.NAJ.0000938728.13124.c3. PMID: 37233138.

[READ THE ARTICLE](#)

Stay Connected

JOIN OUR MAILING LIST TO STAY TUNED FOR DETAILS REGARDING OUR NEXT CONFERENCE IN 2024!

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