



WELCOME!

CLI@HOME



WASHINGTON HEIGHTS, NYC



Interview with Lynda Shannon Bluestein, Medical Aid-in-Dying Patient and Pioneering Advocate

Some questions to ponder:

1) Lynda said, *“To live as if you are going to die... is a whole different way of making choices...”* What do you think she meant by this? What kinds of choices do you think you would make if you knew your time was limited?

2) Lynda's mother didn't want anyone to see her when she was sick. Are there any unspoken messages about death and dying in your family?

3) Lynda had 3 words to describe her decisions around death: **Autonomy, choice, sacred...** What might your 3 words be?

4) Lynda said when she could no longer recognize her life as her own, she wanted to use MAiD. Is there a point where you could see yourself or a friend or a loved one making the same decision?

5) Earlier tonight, we spoke about a completed life being like finding the right pieces to put into a puzzle. Lynda said her pieces were finding joy in life, "*doing the things where I can make a difference and I can wake up in the morning with purpose.*" What 3 puzzle pieces would you want to have in place to complete your puzzle?

More Resources from the Completed Life Initiative

Presentations:

- MAiD 101: Discussion with Anita Hannig
- A Love Story: Amy Bloom discusses *In Love*
- An Attorney and Physician Talk about Dying: Thaddeus Pope and Diana Barnard

Podcast:

Women's Voices of the Completed Life

**Find on
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For more information or to inquire about hosting your own CLI@HOME group, **please contact Lynn Barger Elliott: l.elliott@completedlife.org**

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