



WELCOME!

CLI@HOME



UPPER WEST SIDE, NYC



**Interview with Lynda Shannon Bluestein,
Medical Aid-in-Dying Patient and
Pioneering Advocate**

Some questions to ponder:

1) Lynda said, *“To live as if you are going to die... is a whole different way of making choices...”* What do you think she meant by this? What kinds of choices do you think you would make if you knew your time was limited?

2) Lynda's mother didn't want anyone to see her when she was sick. Are there any unspoken messages about death and dying in your family?

3) Lynda had 3 words to describe her decisions around death: **Autonomy, choice, sacred...** What might your 3 words be?

4) Earlier tonight, we spoke about a completed life being like finding the right pieces to put into a puzzle. Lynda said her pieces were finding joy in life, "*doing the things where I can make a difference and I can wake up in the morning with purpose.*" What 3 activities give your life purpose and joy?

5) Lynda said when she could no longer recognize her life as her own, she wanted to use MAiD. Is there a point where you could see yourself or a friend or a loved one making the same decision?

More Resources from the Completed Life Initiative

Voices of the Completed Life Podcast:

- Lynda Bluestein
- Rabbi Rachel Timoner

Jewish End of Life Resources:

- Viduy Confession Prayers
- Yizkor - The Memorial Prayer
- Psalm 23
- *Beside Still Waters: A Journey of Comfort and Renewal*

Find on
completedlife.org/CLIHOME

For more information or to inquire about hosting your own CLI@HOME group, **please contact Lynn Barger Elliott: l.elliott@completedlife.org**

Get ideas, resources, and events in your inbox

